

	Name of School	Koru Independent AP Academy
	Policy review Date	OCTOBER 2022
	Date of next Review	SEPTEMBER 2023
	Who reviewed this policy?	RACHAEL HARPER
	Date approved by Governing body	NOVEMBER 2022
	Name of Designated Safeguarding Lead	Shona Anderson

RELATIONSHIP AND SEX EDUCATION POLICY

Relationship and Sex Education Policy

Background

KORU recognises that education is of crucial importance in improving the sexual health of young people and is committed to delivering effective relationships and sex education.

Purpose of RSE Policy

This policy has been written as a statutory requirement and to:

- Give clear guidance to staff and outside visitors about the content, organisation and approach to teaching RSE.
- Give information to parents and carers about what is taught and when.
- Give parents and carers information about their involvement with RSE.
- Give a clear statement on what the school aims to achieve from RSE and why it thinks RSE is important.
- Clarify the content and manner in which RSE is delivered

Legislation Guidance from the DfE under sections 34 and 35 of the Children and Social Work Act 2017 makes Relationships and Sex Education and Health Education statutory in all Secondary schools. This new guidance replaces the DfE Sex and Relationships Education Guidance from 2000. The guidance will become mandatory in September 2020.

We will discuss at length, what is taught, during our initial meeting with the student and their parent/carer. During this meeting parents/carers have the right to withdraw their child from any part of the RHSE curriculum.

Expectations on Secondary schools are as follows:

Relationships and Sex Education is compulsory for those pupils receiving Secondary Education – this includes academies, free schools and independent schools Health Education will be compulsory in all Secondary Schools (or those pupils receiving Secondary Education) – this includes all academies and free schools but not independent schools as PSHE is already statutory in these schools.

Aims of RSHE

- Develop confidence to talk, listen and think about feelings and relationships.
- Address concerns and correct misunderstandings and be able to protect themselves and ask for help.
- Develop skills to make and maintain positive relationships.
- Develop positive attitudes and values and respect differences in opinions.
- Develop a positive self-image and high self-esteem.
- Gain accurate knowledge and understanding about sexuality and relationships.
- Develop personal responsibility for one's actions.
- Know where to get confidential advice and support.

RSHE will be delivered within the school's agreed aims, values and moral framework which is sensitive to the needs and beliefs of learners, parents / carers and other members of the school community. This will be delivered within the school's agreed equal opportunities framework. Relationship and Sex Education (RSE) supports and guides children and young people in lifelong learning about relationships, emotions, the human biology of sex, sexuality and sexual health.

Along with parents and carers, we help our young people to understand and manage their physical and emotional development in adolescence and prepare for the decisions to be made in adult life. We believe that learners should have accurate information that relates to their needs. They need help to explore their own feelings and attitudes, and those of society, in order to develop values on which to base decisions about relationships. They need to learn the communication skills necessary to help them take increasing responsibility for their own sexual behaviour.

Care is taken to ensure there is no stigmatisation of children based on their different home circumstances. Thinking about morals and values also includes:

- Respect for self and others
- Non-exploitation in relationships
- Commitment, trust and love within relationships
- Honesty with self and others
- Self-awareness
- Exploration of rights, duties and responsibilities
- Understanding diversity regarding religion, culture and sexual orientation

Organisation of the Programme

KS3 – 2 hours per week

KS4 – 2 hours per week